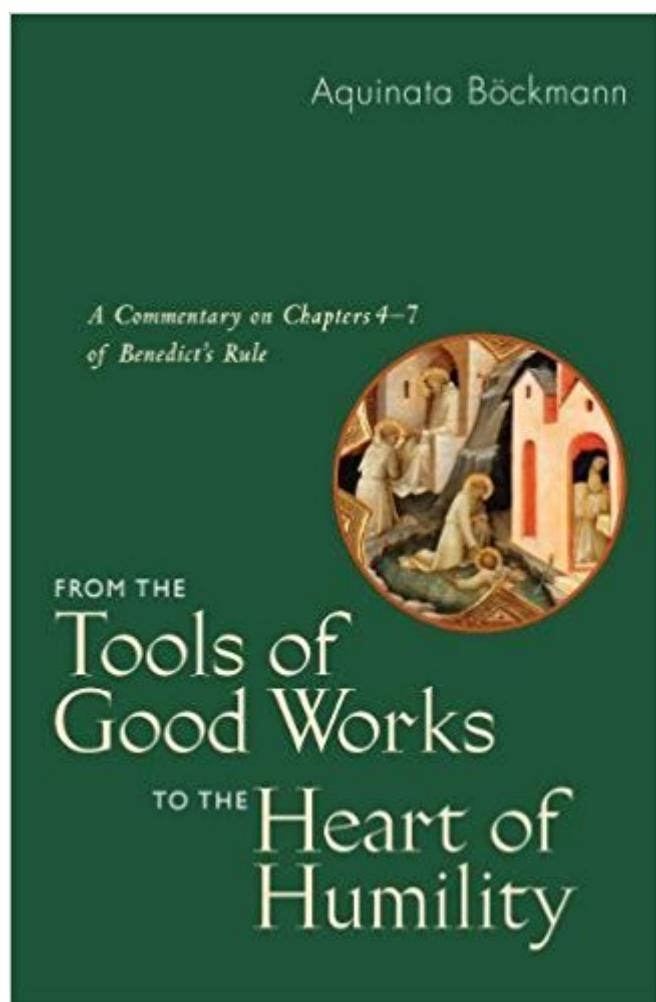


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From The Tools Of Good Works To The Heart Of Humility: A Commentary On Chapters 4-7 Of Benedict's Rule



Synopsis

In a new volume of her exegetical commentary, Sr. Aquinata Bäflickmann explores chapters 4–7 of the Rule of St. Benedict. They contain Benedict's instruction of how to learn and live the spiritual art of monastic life that is focused on Christ. In her close reading of the text and its sources she pursues questions such as the following: How do general Christian rules help us to live in community? How does obedience lead us closer to Christ? How does silence build community? How does humility deepen our love for Christ and those around us? Never losing sight of the reality of monastic life, Sr. Aquinata weaves together Benedict's wisdom and today's challenges to show the crucial spiritual elements of his Rule.

Book Information

Paperback: 288 pages

Publisher: Liturgical Press Academic (December 15, 2017)

Language: English

ISBN-10: 0814646611

ISBN-13: 978-0814646618

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13 ounces (View shipping rates and policies)

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Best Sellers Rank: #562,617 in Books (See Top 100 in Books) #131 in Books > Christian Books & Bibles > Worship & Devotion > Monasticism & Asceticism #132 in Books > Religion & Spirituality > Worship & Devotion > Monasticism & Asceticism #808 in Books > Christian Books & Bibles > Biographies > Saints

Customer Reviews

"Sister Aquinata Bäflickmann is among the foremost contemporary exegetes of the Rule of Saint Benedict. This latest part of her magisterial commentary to be translated covers the chapters that deal most directly with the Rule's spiritual teaching: good works, obedience, silence, and humility. As such, it will be a useful and delightful tool for any who seriously want to penetrate the meaning of the text and to learn a methodology both for understanding what Saint Benedict wrote and for appreciating the personal qualities of the author. A book for any serious reader of the Rule of Saint Benedict."Michael Casey, Tarrawarra Abbey, Australia, Author of *Seventy-Four Tools for Good Living*

Aquinata BÄfÄ¶ckmann, OSB, PhD, is a member of the Benedictine Missionary Sisters of Tutzing, Germany. She has taught in Rome since 1973 at the Pontifical Institute for Spirituality and Moral Theology Regina Mundi and as the first woman professor at Sant'Anselmo. She is the author of Perspectives on the Rule of Saint Benedict, Around the Monastic Table, and A Listening Community, all published by Liturgical Press. Ä Ä

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